



EDITORIAL: Strengthening Maternal Health and Disease Awareness through Research Evidence

**Prof. Chika Onyinyechi Duru; MBBS, MPH, MRCPCH(UK), FWACP, (Paed)
Editor-in-Chief**

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The Editorial Board is pleased to present Volume 4, Issue 4, December 2025. This issue features original research articles that contribute meaningfully to contemporary medical knowledge and practice, with particular relevance to the healthcare realities of the Niger Delta region.

The lead article by Oyeyemi N. *et al.*, titled “*Is Uncomplicated Caesarean Delivery Safer Following the Ultra-Short Stay Post-Operative Management Protocol than the Traditional Protocol? A Randomized Controlled Trial,*” offers evidence-based insights into optimizing post-operative care. The authors compare two management protocols and demonstrate the safety and practicality of an ultra-short hospital stay approach in selected cases, with potential implications for improving resource utilization and patient satisfaction.

The second paper by West T. P. *et al.*, “*Awareness, Knowledge and Attitude toward Sickle Cell Disease among Undergraduate Students in a University in Bayelsa State, Nigeria,*” explores the level of understanding and perception of sickle cell disease among young adults. Their findings reveal critical gaps in awareness and knowledge, reinforcing the need for

sustained health education and advocacy initiatives, especially within tertiary institutions.

In the third article, Eguvbe A. O. *et al.* present “*Practice of Birth Preparedness and Complication Readiness among Rural and Urban Women Attending Immunization Clinics in Primary Healthcare Centers in Bayelsa State: A Comparative Analysis.*” This study identifies notable differences in preparedness and readiness between rural and urban women, highlighting the influence of socio-demographic factors on maternal health behaviours and the need for tailored interventions to improve maternal outcomes.

Together, these contributions underscore the journal's commitment to advancing medical research and promoting evidence-informed practice in the region. The Editorial Board acknowledges the efforts of the authors, peer reviewers, and production team whose dedication ensures the continued quality and integrity of this publication.

We commend these scholarly works to our readers and hope they inspire further inquiry, innovation, and collaboration within the medical and scientific community.